



WATA Knows... and you can too!

## Health and Safety Courses

### Emergency First Aid at Work – 1 Day

#### The WATA route to success

A new course aimed at the smaller workplace where fewer health and safety hazards are present and where a nominated person can take charge in the event of an accident (replaces the First Aid at Work Appointed person course).

#### What does the course cover?

- Scope and Management
- Incident Management
- First Aid Techniques and Supplies
- How to deal with an unconscious casualty
- Recovery Position
- Respiration
- Resuscitation (including HIV and Hepatitis B)
- Circulation
- Treatment of blood loss
- Shock

#### Who is the course suitable for?

This course is suitable for delegates who are to be given the responsibility for First Aid in their company.

#### Course Dates

**2011:** 3 Oct

**2012:** 6 Mar; 10 May; 10 Sep; 7 Nov

#### Course Fees: £85 + VAT per delegate

Including lunch, refreshments and course handouts

In-company courses by arrangement.

#### Duration:

1 day (9:00 am to 5:00 pm approximately - please arrive 15 minutes before the course is due to commence)

We provide training in a relaxed atmosphere at our training centre, which is located in Huntingdon, Cambridgeshire