



WATA Knows... and you can too!

Health and Safety Courses

Management of Vibration at Work

The WATA route to success

This 1-day course sets out to review the Control of Vibration at Work Regulations 2005 and to provide delegates with a clear understanding of the risks associated with both whole-body vibration syndrome and hand-arm vibration syndrome (including vibration-induced white finger (VWF)).

The causes and control of vibration induced ill-health is covered as well as the mechanisms of harm and how ill-health is caused by excessive exposure to vibration at work. The course also takes a practical look at vibration risk assessment and implementation of the Health & Safety Executive's (HSE) guidance to the Regulations.

What does the course cover?

- Risk Factors for Occupational Exposure to Vibration
- Symptoms, Health Surveillance and Diagnosis
- Risk Assessment Techniques
- Legal Background: Control of Vibration at Work Regulations 2005
- Occupational Exposure Standards
- Measurement of Vibration
- Preventative and Control Measures

Who is the course suitable for?

Safety Advisors/Officers, Managers and others within the organisation as an introduction to the effective management of the risks associated with occupational exposure to vibration.

Course Dates

2011: 6 Sep; 1 Dec

2012: 29 Feb; 11 Jul; 1 Nov

Course Fees

£225 + VAT per delegate

Including lunch, refreshments and course handouts

In-company courses by arrangement.

Duration:

1 day (9:15 am to 4. 30 pm approximately - please arrive 15 minutes before the course is due to commence)

We provide training in a relaxed atmosphere at our training centre which is located in Huntingdon, Cambridgeshire.