



WATA Knows... and you can too!

Health and Safety Courses

Study Skills Workshop – 1 Day

The WATA route to success

A one-day workshop recommended for delegates who are about to embark on a NEBOSH Certificate or Diploma course who would like to develop their study skills.

What does the workshop cover?

The workshop will cover a variety of techniques that will help you find your learning style and develop effective study techniques and examination skills. The workshop covers:

- Identifying your strengths
- Positive thinking – getting into the correct mind frame
- Getting organised for study and making time
- Understanding your learning style
- Speed reading techniques
- Different note taking styles
- Different memory techniques
- Dealing with exam nerves

Who is the workshop suitable for?

Any person who is embarking on a period of learning and study that leads to an examination.

Course Dates

2011: 1 Sep; 20 Oct

2012: 18 Jan; 26 Jul; 11 Dec

Course Fees: £225 + VAT per delegate

Including lunch, refreshments and course handouts

In-company courses by arrangement.

Duration:

1 day (9:15 am to 4. 30 pm approximately - please arrive 15 minutes before the course is due to commence)

We provide training in a relaxed atmosphere at our training centre which is located in Huntingdon, Cambridgeshire